

# 101 LUNCH BOX SNACKS

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## SWEET

- ABCD muffins
- apple & cinnamon scrolls
- apple & oat muffins
- apple crumble muffins
- apple slices with cream cheese & raisins
- apricot & coconut balls
- apricot, coconut & oat slice
- banana & choc chip muffins
- banana & nutella 'sushi' wraps
- banana & strawberry cake
- banana & yoghurt muffins
- banana bread
- basic banana muffins
- bircher muesli
- blueberry muffins
- blueberry pikelets
- carrot, raisin & quinoa cakes
- choc chip, sultana & oat slice
- choc-banana fudge loaf
- chocolate & zucchini muffins
- chocolate chip muesli bars
- cornflake cookies
- fruit loaf
- fruit scones
- greek yoghurt with berries
- healthier chocolate crackles
- healthy 'coco-pop' bars
- healthy 'lcm' bars
- healthy banana & chocolate muffins
- healthy carrot cake muffins
- hokey pokey biscuits
- homemade chia pods
- homemade muesli bars
- honey & muesli balls
- honey, date & oat energy bars
- hot cross buns
- milo balls
- milo muffins
- muesli balls
- nut-free bliss balls
- nutella & raspberry scrolls
- oat biscuits
- pear & berry crumbles
- popcorn
- raspberry & white choc muffins
- ricotta, blueberry, banana & honey on crisp bread
- stewed apple with greek yoghurt
- strawberry loaf
- sultana & cream cheese wraps
- weet-bix slice

## SAVOURY

- carrot & zucchini slice
- carrot fritters
- cauliflower & cheese nuggets
- celery & cream cheese
- cheese & crackers
- cheesy chicken & corn savoury rolls
- corn & ham mini quiches
- corn fritters
- corn on the cobb
- corn, spinach & tomato muffins
- falafels
- frittata
- guacamole & veggie sticks
- guacamole, tomato salsa & tortilla chips
- ham & cheese scrolls
- ham & vegetable quiche bites
- hardboiled eggs
- hawaiian pizza scrolls
- homemade baked beans
- homemade veggie pasties
- hummus dip & crackers
- lamb meatball pita pocket
- leftover pasta
- mac & cheese bites
- mini pizzas
- pasta salad
- porcupine meatballs
- potato & bacon salad
- quinoa & sweet potato fritters
- quinoa pizza bites
- quinoa sushi
- rice paper rolls
- roasted chickpeas
- salmon patties
- sausage rolls
- spinach & feta pinwheels
- spinach & ricotta rolls
- spinach & ricotta tarts
- spinach, feta & tomato scrolls
- thai chicken meatballs
- tomato salsa & veggie sticks
- tuna & crisp bread
- tuna, avocado & cheese wrap
- vegemite & cheese scrolls
- vegetable & rice slice
- vegetable & quinoa bake
- vegetable couscous
- zucchini & quinoa chicken nuggets
- zucchini fritters
- zucchini muffins
- zucchini slice

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